



Medicines & Allergies

Medicine, Dose & Time:

- 1.
- 2.
- 3.
- 4.

Drug Allergies:

Food Allergies:

Important Phone Numbers

Parent Phone:

Where We'll Be:

Doctor's Number:

IN CASE OF EMERGENCY CALL 911

Routines

Mealtime:

Bedtime:

TV: Ok Not Ok

Permissible TV & Amount of Time:

The Big No – Nos

Favorites

Toys:

Books:

Games:

Food: